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DIOGELU CYMRU
KEEP WALES SAFE

Peidiwch ag anfon eich plentyn i'r ysgol os ydynt yn dangos unrhyw symptomau COVID-19

Don't send your child to school if they have any COVID-19 symptoms

PESWCH CYSON NEWYDD - pesychu llawer am fwy nag awr, neu 3 neu fwy o byliau o beswch mewn 24 awr.



A NEW CONTINUOUS COUGH - coughing a lot for more than an hour, or 3 or more coughing episodes in 24hrs.

TYMHEREDD UCHEL - eu brest neu'u cefn yn teimlo'n boeth i'w gyffwrdd



HIGH TEMPERATURE - their chest or back feel hot to touch

COLLI'R SYNHWYRAU AROGLI NEU FLASU NEU NEWID IDDYNT - ni allant arogl na blasu unrhyw beth, neu mae eu synnwyr arogl neu flas yn wahanol i'r arfer.



A LOSS OR CHANGE TO YOUR SENSE OF SMELL OR TASTE - they cannot smell or taste anything, or their sense of smell or taste is different to normal.

Rhaid i'ch plentyn hunanynysu yn syth.

Ffoniwch 119 neu archebwch brawf ar-lein drwy llyw.cymru/coronafeirws

Dylai aelodau eraill o aelwyd y plentyn (gan gynnwys unrhyw frodyr a chwiorydd) hunan ynysu ar unwaith.

Os mai dim ond trwyn yn rhedeg neu symptomau annwyd eraill sydd gan eich plentyn a dim symptmau COVID-19 uchod, nid oes angen prawf COVID-19. Gall eich plentyn fynd i'r ysgol os yw'n ddigon da i wneud hynny.

Os nad ydych yn siŵr a yw symptomau eich plentyn yn symptomau COVID-19 neu symptomau tebyg i annwyd, defnyddiwch y gwiriwr symptomau; <https://gov.wales/check-your-symptoms-see-if-you-need-coronavirus-medical-help>

Your child must self-isolate immediately.

Book a test by calling 119, via the NHS COVID-19 app or online at gov.wales/ttp

Other members of the child's household (including any siblings) should also self-isolate immediately.

If your child only has a runny nose or other cold-like symptoms, and none of the above symptoms a COVID-19 test isn't required. Your child can go to school if they are well enough to do so.

If you are unsure if your child's symptoms are COVID-19 or cold-like symptoms please use the symptom checker: <https://gov.wales/check-your-symptoms-see-if-you-need-coronavirus-medical-help>

Cadw Cymru'n Ddiogel.
Dal ati i Ddysgu.



Keep Wales Safe.
Keep Wales Learning.