

Manylion cyswilt gwasanaethau cwnsela yn yr ysgol ac yn y gymuned

Awdurdod Lleol	Cyfeiriad gwefan
Ynys Môn	https://adyach.cymru/cy/Rhieni/Gwasanaethau/Cynhwysiad/Cwnsela/Cwnsela.aspx
Blaenau Gwent	https://www.blaenau-gwent.gov.uk/cy/preswylwyr/ysgolion-a-dysgu/gwasanaethau-ieuentid/cynghori/
Pen-y-bont ar Ogwr	https://www.bridgend.gov.uk/cy/fy-nghyngor/blaenoriaethau-a-pherfformiad-y-cyngor/coronafeirws-covid-19-cyngor-ar-wybodaeth-ddiweddaraf/gwasanaeth-cwnsela-i-bobl-ifanc
Caerffili	https://www.caerphilly.gov.uk/Services/Schools-and-learning/School-counselling-service?lang=cy-gb
Caerdydd	www.kooth.com
Sir Gaerfyrddin	www.area43.co.uk/cy/cyfeirio
Ceredigion	www.area43.co.uk/cy/cyfeirio
Conwy	conwynadvice5@hwbcymru.net
Sir Ddinbych	https://www.denbighshire.gov.uk/cy/preswylwr/addysg/cwnsela/cwnsela-i-blant-a-phobl-lfanc.aspx
Sir y Fflint	https://www.flintshire.gov.uk/en/PDFFiles/Lifelong-Learning/Schools/Help4YP/Young-Peoples-Counselling-Service.pdf
Gwynedd	https://adyach.cymru/cy/Rhieni/Gwasanaethau/Cynhwysiad/Cwnsela/Cwnsela.aspx
Merthyr Tudful	https://www.exchange-counselling.com/#sidr
Sir Fynwy	facetoface@monmouthshire.gov.uk
Castell-nedd Port Talbot	http://www.npted.org/jigsaw/Pages/default.aspx
Casnewydd	https://www.talkingzone.co.uk/cymraeg
Sir Benfro	https://www.sir-benfro.gov.uk/gwasanaeth-cynhwysiant-ac-ady
Powys	www.koothf2f.com
Rhondda Cynon Taf	https://www.eyetoeye.wales/
Abertawe	https://www.exchange-counselling.com/contact_us
Torfaen	https://www.facebook.com/Torfaen-Young-Peoples-Counselling-Service-109172984050900/
Bro Morgannwg	https://www.barnardos.org.uk/what-we-do/services/vale-school-and-community-based-counselling-service
Wrecsam	http://youngwrexham.co.uk/cy/info/mental-health/cwnsela/